

## “Jesus Scourged at the Column”...

### FROM THE GOSPEL ACCORDING TO – *MATTHEW* – :

*“While [Pilate] was still seated on the bench, his wife sent him a message, ‘Have nothing to do with that righteous man. I suffered much in a dream today because of him.’” (Matt 27:19)<sup>1</sup>*

### MEDITATION ON THE MYSTERY:

Let us imitate the wife of Pontius Pilate: who, unlike many others, acknowledged the Righteous Man before men instead of “scourging” or speaking badly of him behind his back! Give us the grace to reflect and to build others up instead of “scourging” them without reflecting and tearing them down. (cf. *SLC*, p. 29)

### FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to the whip of the tongue and to slander, St. Anthony of Padua says: “*Detraction consists in transforming the good that someone else has done into an evil, or diminishing it. Those who do this ask for the pardon of the brigand Barabbas – that is, of the devil – and for the crucifixion of Christ.*”

(ANTHONY OF PADUA, *Sermons*, Feast of Saints Peter and Paul)

<sup>1</sup> NABRE (USCCB)

### FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

- .....
- .....

Then follows ...

1 Our Father ...

5 Hail Mary ...

1 Glory be to the Father ... (Sung)

- Praised be,,,

- O my Jesus, forgive us...

- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...